



Winter Newsletter



Welcome to our winter newsletter. We hope you find it interesting, informative and most importantly, *useful*. We aim to publish this by email every quarter with a round up of our activities, if you can't wait then head over to the website (www.fopa.co.uk) or join our Facebook group to get up to date news.

Whats happening at FOPA...

From the Chair...

As we move into December there is much to report from the Friends committee. The Palmeira and Adelaide Christmas tree has been lit, mince pies on order for our Christmas coffee morning, and the last autumn garden bulb has been planted ready for a spring show of colour. So with cuppa in hand and feet up, please enjoy reading through our Winter Newsletter.

Wishing you all a very happy Christmas and joyous new year 2025.



Our next event

For our last event of 2024 we will be hosting a Friends Christmas coffee morning on the 13th December @ 11.30am. Pop along and see the Christmas Decorations at Number 10 and meet some neighbours.

On the back of the success and reception of the last coffee morning our events organiser Janie Ranger (10 Palmeira Sq) has kindly agreed to host once again.

Free entry - Tea/Coffee and mulled wine with some homemade mince pies. Along with some homemade cakes and cards to purchase as part of our fundraising.

So we can have enough for everyone please RSVP to info@fopa.co.uk or message 07816 922 979

JOIN US FOR A
**CHRISTMAS
COFFEE
MORNING**
TEA/COFFEE
MULLED WINE & MINCE PIES
COME ALONG AND MEET SOME
NEIGHBOURS OVER A COFFEE.

**13th
DEC** | **AT 11.30AM
10 PALMEIRA SQUARE**

For More Information Visit Our Website
**PLEASE RSVP TO
[INFO@FOPA.CO.UK](mailto:info@fopa.co.uk)**
All proceeds go to Friends of Palmeira
& Adelaide Residents Association to fund and
support our community activities.

**FREE
ENTRY**

Our Fundraising

Summer Picnic Success!





We had a great turnout for our 2024 Summer Picnic with over 75 people coming together on Adelaide Crescent. The weather held off for us and everyone enjoyed meeting neighbours and seeing the new garden plans. A big *thank you* to everyone who helped create a feeling of togetherness and *community*.

With the generosity of our community the bottle tombola was a great success. Thanks to everyone who kindly donated towards our bottle prizes.

With the tombola and donations we raised £524 to fund and support our community activities.

[Find out more](#)

Spooktacular Coffee Morning



Thanks to everyone who was able to make the coffee morning it was spooktacular. It was great to be able to bring these back and we have Christmas one planned already.

With the Halloween Coffee morning and donations we raised £281 to fund and support our community activities.



Thank You to The Lottery Community Fund

We are pleased to announce the **National Lottery Community Fund** has awarded us £2,850 towards our 'Re-invigorate three community gardens' project application.

In the last year; our residents association has formed an active volunteer gardening program that conducts bi-weekly garden clean and clear days; as well as active gardening and maintenance of three large gardens in central Hove – The Floral Clock Gardens; Palmeira Gardens; and Adelaide Gardens.

Thank You to 1st Central

We are pleased to announce 1st Central Insurance has awarded us £300 towards our community projects.

1st Central is an insurance company that offers policies both directly on their website and through price comparison sites, where they regularly make it on to the 'top 10 sellers' list.

The car insurance is Defaqto 5 Star rated, meaning they provide one of the highest quality offerings currently on the market.

[See more of our news at fopa.co.uk](#)

Our Gardens Update



Bird Feeding Program

With thanks to the generous donations from the community and recent grants from the Lottery Fund, we have been able to continue our birdfeeder campaign this winter, adding three new feeders and purchase of 50kg of birdseed and suet. We keep feeders topped up through the winter months with the help of local resident Rosemary Keegan, one of our resident members from Adelaide Crescent. The feeders are vital for songbirds to survive the winter, as we help sustain Robins, Wrens, Blackbirds, Tits, Woodpigeons, and of course those acrobatic squirrels daring enough to defy the squirrel proof feeders!

The Garden Plan is underway...



This year we launched and got stuck in to a new multi-year plan to renovate and remodel significant parts of the gardens. Two borders in Adelaide Gardens have been cleared, enlarged and replanted with a variety of perennial plants that will bring colour for many years to come, and a massive 4,600 assorted bulbs have been planted out. This has included a good number in the small, railed garden above the

old sub-station at the bottom of Palmeira Square, which should make a visit to the bins a much more colourful and enjoyable experience next spring! All of this has been done alongside regular "Clean and Clear" days spent mulching, weeding, pruning, sweeping, and litter-picking to keep everywhere neat and tidy.

All purchases for this work have been funded by grants secured from the Community Lottery Fund, Pebble Trust and 1st Central alongside generous donations of money or plants by residents and friends.

Of course, none of this would have been possible without the amazing efforts of our growing band of regular garden volunteers who have worked over 800 hours since March 2024. It's also worth mentioning the fabulous compost created by the community composting scheme and used to boost the soil in the two new borders in Adelaide Gardens. A huge shout out to every volunteer who has turned up to lend a hand to whatever tasks are needed on the day, and to all you community composters out there.

[Find out more about our garden plan](#)

Brunswick in Bloom - Level 4



The results of this year's South East in Bloom awards have been announced this week and it's good news for the Friends of Palmeira & Adelaide.

The last three years we have only scored a level 3 (Advancing) so this year we've seen a big improvement. We have had a level 4 (Thriving) in previous years, but never a score as high as 81 so a huge congratulations to the whole team of volunteers on this achievement.

The Bloom awards are designed to enhance community spaces, and are the guiding factor by the Royal Horticultural Society (RHS) in how we can improve and set out our green space plans for the coming year.



Garden Volunteers

Do you enjoy getting out and doing a bit of gardening? Would you like to get to know your neighbours a little better? The Friends Garden Volunteers go out regularly to help the council keep our green spaces tidy. Find out more about how you can help out too.

Our next Garden Clean and Clear will be Sunday 15th December at 10am.

[Find out more about our garden volunteering](#)

What is LAT (Local Action Team)?

Members of FOPA attend our Local Action Team meetings which are chaired by our local councillors and attended by our PCSOs and other community residents. The meetings aim to occur every three months at The Cornerstone Community Centre.



NEXT MEETING: 4th December

Councillors Andrei Czolak and Ollie Sykes have set a date for the second Local Action Team meeting. [Please get in touch](#) so we can bring forward your concerns. The meeting brings together several residents associations in the Brunswick ward.

Some other local events...



Friends Winter Party on the Evening of 19th December at the Cornerstone. More details out soon...

Our Local Councillors

Councillor Ollie Sykes

Brunswick & Adelaide Green Party

Email: Ollie.Sykes@brington-hove.gov.uk

Councillor Andrei Czolak

Brunswick & Adelaide Labour Party

Email: Andrei.Czolak@brington-hove.gov.uk



Volunteer

Enrich our growing community.

- Get involved from a single event to joining our committee
- We need help for Fundraising, Website, Gardens, Streetscape and more
- Meet and work with other residents

[Become a Volunteer](#)



About Us

The Friends of Palmeira and Adelaide Residents Association is an amenity organisation that works to improve the environment and amenities of Palmeira Square, Palmeira Mansions and Adelaide Crescent.

Our aim is to benefit all those who live in the area, and represent the views of our local residents. Our committee of volunteers work to establish lines of communication with the local authorities to express the views of residents, and strives to create equal opportunities and good relations amongst all members of our community.

We do not charge a membership fee, and we rely on community donations to keep our operations running, so please give generously if you have the means. From time to time we also raise money for garden plants and other projects.

Please donate

